

Mellow Sun

Mallorca Retreat



Live Music & Island Adventures

May 22nd - 27th 2026



Mallorca, Spain

Mallorca is a sun-soaked Mediterranean island where turquoise coves, slow living, and soulful stillness meet. From quiet olive groves to golden cliffs, it's a place that invites you to soften, exhale, and return to yourself.



Retreat Guides



Natasha has been curating Yoga adventures for the last 15 years and her journey as a Yoga therapist has always been connected to music and how it can heal.

Tanish has been running a music agency for years and is part of an online incubator program for up and coming musicians, he is also sometimes known as the Jazz guy of India.

Together they are bringing their love of yoga and live music to Mallorca, with magically curated live music experiences, listening sessions, Dj mornings & sound healing

Retreat Chef



Ellie - Our Private Chef

Ellie is a wandering gypsy , who brings her culinary magic to our retreats . We love her infectious laughter and delicious food



Program Highlights:



- **Listening Session** – A bespoke auditory experience crafted for deep relaxation and elevated sensory pleasure.
- **Paella Party** – A gourmet interpretation of Mallorca's iconic dish, prepared by expert chefs with a touch of luxury.

- **Eating like a Local** – Curated culinary moments that showcase the island's finest ingredients and refined coastal flavours.

- **Boat Trips** – Sail the Mediterranean in style with exclusive access to hidden coves and panoramic sea views.



Program Highlights:

- **Live Music** – Private, soulful performances curated to create an unforgettable evening ambience.



- **Exotic Beaches** – Discover Mallorca's most exclusive, crystal-blue beaches reserved for quiet, indulgent escapes.
- **Boogie & Brunch** – A chic mid-morning affair with elegant spreads and feel-good beats in a refined setting.
- **Candle-light Concerts** – An intimate candlelit soirée featuring world-class musicians and serene island elegance.

- **Yoga & Sound Healing** – Luxury wellness sessions blending mindful movement with premium therapeutic soundscapes.



Itinerary

DAY 1 – ARRIVAL

- **Candlelight Concert**

Live double bass, vocals & soothing elixirs to ease into island life.

- **Dinner for the Senses**

A 6-course experience inspired by the six senses.

DAY 2

- **Groove & Flow**

Morning movement + music.
Brunch

- **Beach Play**

Kayaking, swimming, paddle-boarding, sun-bathing.

- **Sun-kissed Sessions**

Storytelling, poetry & soundscapes.
Dinner

DAY 3

Boogie & Brunch

Dance, music & community.

Beach Play

BBQ & Listening Session

Island grill + curated playlist.



DAY 4

Beach Yoga & Picnic

Explore Mallorca

Palma city, cathedral, markets, shopping & a jazz bar.

Dinner at a Local Favourite

Itinerary

DAY 5

- **Soul-Fly Sessions**

Yoga + sound healing.

- **Brunch**

- **Boat Trip**

Secret beaches & coves.

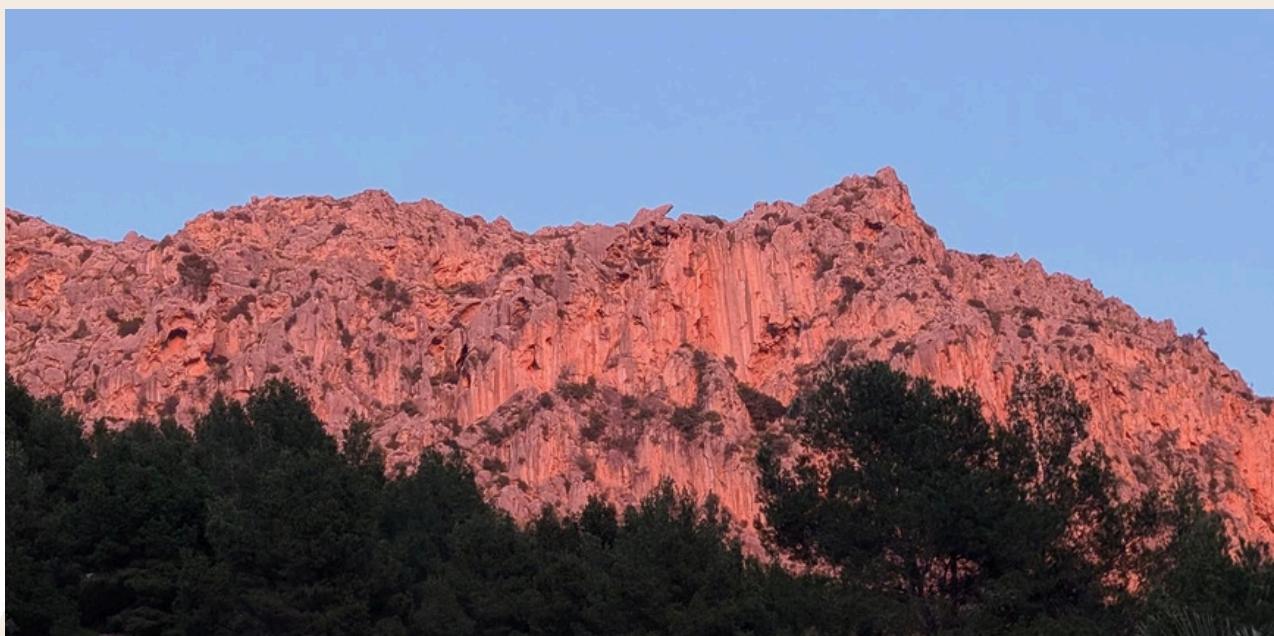
- **Paella Party**

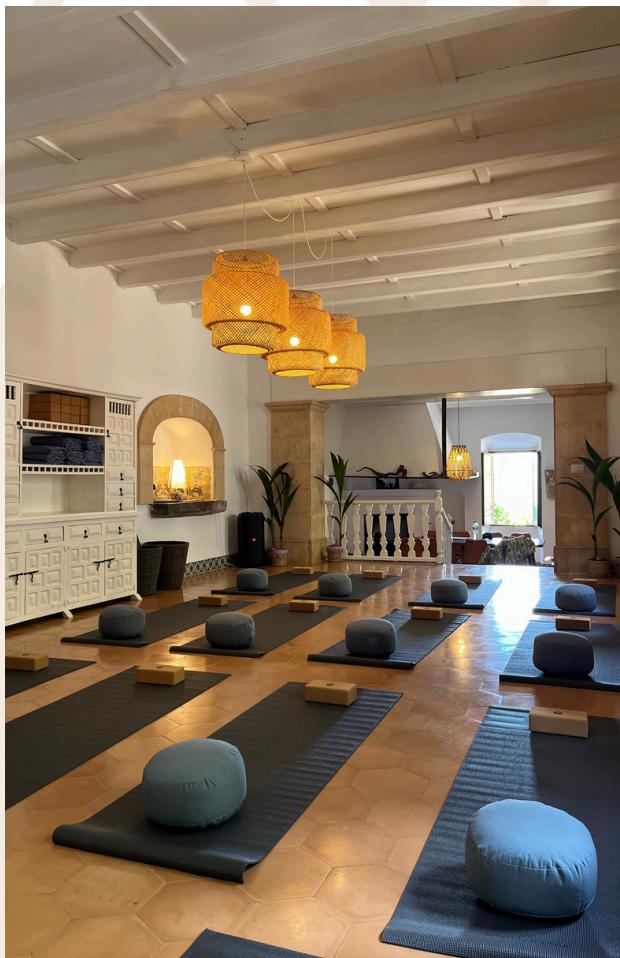
Live music, wine tasting under the stars.

DAY 6 – DEPARTURE

- **Breakfast & Farewell**









Package cost

5 Nights & 6 Days

Brunch & Dinner

Special Paella dinner & Local
restaurnat in Palma

All live music

All wellness sessions

Boat trip

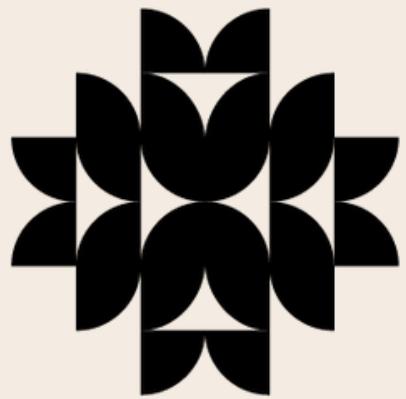
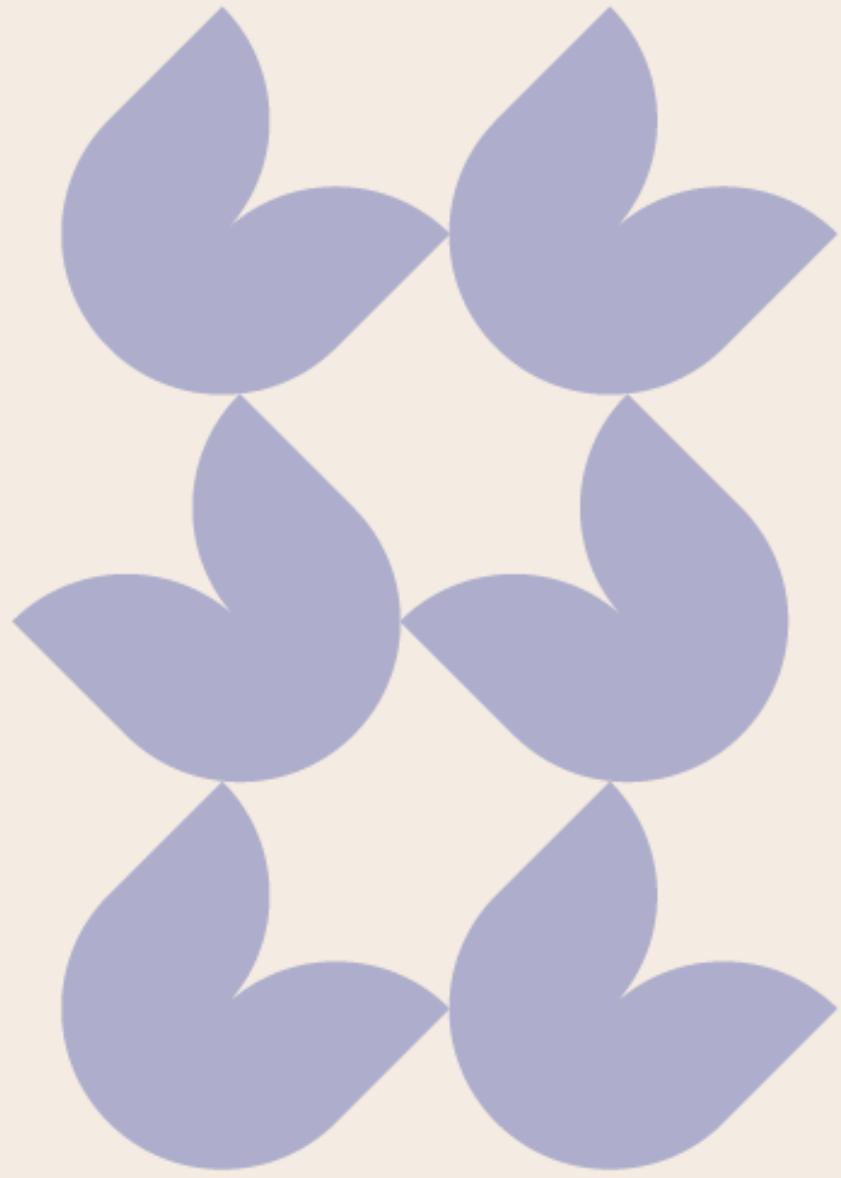
Discovering exotic beaches

Hikes & trails

All internal transport

Double share: 2,250 Euro

Rs 2,30,000 + 18% gst



anam cara

🌐 www.anamcarayoga.in

✉ natashamahindra@gmail.com

📞 +919845007353